WHAT IS CLAIMED IS:

- 1. A biocompatible seal device comprising:
- a solid sheet, the sheet having a protruding portion configured to fit in an opening in a disk annulus.
- 2. The device of Claim 1 wherein the protruding portion is substantially circular.
- 3. The device of Claim 1 wherein the sheet is substantially pliable.
- 4. The device of Claim 1 wherein the sheet includes a radiopaque material.
- 5. The device of Claim 1 wherein the sheet is prepared in a color that contrasts with the colors of the viscera and skeletal tissue.
- 6. A method of surgery using a bone morphogenic inducing protein which minimizes unintended post-surgical bone growth, the method comprising:

resecting a posterior lateral herniation in a spinal disk annulus; forming an opening in the annulus in a posterior lateral location; introducing bone morphogenic protein (BMP) into the opening; sealing the opening with a biocompatible seal wherein the seal is positioned to cover the opening so as to inhibit leakage of the BMP into surrounding tissue.

- 7. The method of Claim 6 wherein the seal is substantially pliable.
- 8. The method of Claim 6 wherein sealing the opening includes positioning a protruding portion of the seal into the opening.
 - 9. The method of Claim 6 further comprising affixing the seal in place.
- 10. The method of Claim 6 wherein is positioned so that at least a portion of the seal is received into the opening.
 - 11. The method of Claim 6 wherein the seal includes a radiopaque material.
- 12. The method of Claim 6 wherein the seal is prepared in a color that contrasts with the colors of the viscera and skeletal tissue.
 - 13. A biocompatible seal device comprising:

a sheet, the sheet having a first surface portion contoured to cover an opening formed in a spinal disk annulus and a second surface portion contoured to align with the exterior surface of the spinal disk

wherein the sheet is composed of a material which inhibits the postoperative migration of surgically introduced bone morphogenic protein into surrounding tissue.

- 14. The device of Claim 13 wherein the sheet is substantially pliable.
- 15. The device of Claim 13 wherein at least a portion of the sheet is received into the opening.
 - 16. The device of Claim 13 wherein the sheet includes a radiopaque material.
- 17. The device of Claim 13 wherein the sheet is prepared in a color that contrasts with the colors of the viscera and skeletal tissue.